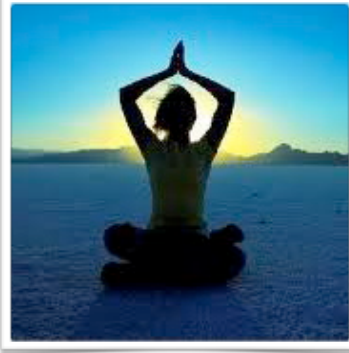


Yoga & Activity Holiday

15th to 22nd May 2013



About Ninos

Ninos on the Beach offers fabulous family run studio accommodation situated right on the sea front between **Roda** and **Acharavi**. This makes this an ideal location & offers panoramic views of the mountains and the crystal clear seas of Roda bay.

What's Included?

Accommodation & breakfast
1 session of **Pilates** each day
1 session of **Yoga** each day
2 activities per day

only **£350** per person

A range of **massage treatments** will be available during your stay, charges apply. Flights & transfers are not included but transfers can be arranged at an additional cost.

How do I Book?

To secure your place a non-refundable deposit of £100 is required by 1st March 2013 & the final balance by **1st May 2013**. Anyone securing their place before the 15th February 2013 will receive a **complementary 20 minute back massage** during the retreat.

For further information & bookings Contact **Helen Wright**.

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Web www.helenwright.biz



Ninos on the Beach